

# Training Course on Strengthening Health Systems

## Professional Development Training Course Outline

|          |               |               |                         |
|----------|---------------|---------------|-------------------------|
| Category | Public Health | Duration      | 5 Days                  |
| Base Fee | \$1,500 USD   | Delivery Mode | Online / On-site Hybrid |

## Course Introduction

Health systems are the backbone of public health, ensuring that communities have access to quality, affordable, and timely healthcare services. The Strengthening Health Systems training course is designed to equip healthcare professionals, policymakers, and administrators with the skills and strategies needed to improve health system performance. By addressing challenges such as resource allocation, governance, and service delivery, this course empowers participants to build resilient and sustainable health systems.

In the face of growing health demands, health systems require innovative approaches to enhance efficiency and equity. This course delves into critical components of health systems, including financing, human resources, technology, and infrastructure. Participants will gain insights into the World Health Organization's health system building blocks and learn how to align their strategies with global standards and best practices.

## Programme Curriculum

### Training Course on Strengthening Health Systems

#### Introduction

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financing, human resources, technology, and infrastructure. Participants will gain insights into the World Health Organization's health system building blocks and learn how to align their strategies with global standards and best practices.

With a focus on practical application, the training incorporates case studies from successful health system reforms worldwide. Participants will learn to identify gaps, develop evidence-based solutions, and implement strategies that improve healthcare access, quality, and outcomes. The course also emphasizes stakeholder collaboration and policy advocacy as essential tools for health system transformation.

### **Course Duration**

5 Days

### **Course Objectives**

1. Understand the key components of effective health systems.
2. Analyze the challenges and opportunities in strengthening health systems.
3. Learn strategies for improving healthcare service delivery.
4. Enhance knowledge of healthcare financing and resource management.
5. Develop frameworks for strengthening governance and accountability.
6. Explore the role of technology and innovation in health systems.
7. Gain insights into workforce planning and capacity building.
8. Address health equity and access through system reform.
9. Build skills for effective stakeholder engagement and collaboration.
10. Learn from case studies of successful health system reforms.

### **Organizational Benefits**

1. Improved efficiency in health service delivery.
2. Enhanced capacity for addressing public health challenges.
3. Strengthened organizational governance and accountability.
4. Increased equity in healthcare access and resource allocation.
5. Better financial planning and utilization of resources.
6. Adoption of innovative technologies for system improvement.
7. Improved workforce planning and retention strategies.
8. Enhanced collaboration with stakeholders and policymakers.
9. Better health outcomes for target populations.
10. Alignment with global health standards and best practices.

### **Target Participants**

- Healthcare administrators and policymakers.
- Public health professionals and researchers.
- Health system managers and consultants.
- Professionals in non-governmental organizations (NGOs) focused on health.

- Health program coordinators and project managers.
- Academic and government officials involved in health systems.

## **Course Outline**

### **Module 1: Health System Building Blocks**

1. Overview of WHO's health system framework.
2. Key components: service delivery, financing, governance, and more.
3. Challenges in implementing a robust health system.
4. Case study: Successful health system strengthening in Rwanda.
5. Workshop: Assessing the building blocks in local health systems.

### **Module 2: Healthcare Service Delivery**

1. Improving access to essential health services.
2. Enhancing the quality of care through system improvements.
3. Addressing service delivery challenges in resource-limited settings.
4. Case study: Innovations in primary healthcare in India.
5. Group activity: Designing a model for integrated service delivery.

### **Module 3: Healthcare Financing and Resource Management**

1. Principles of health financing and universal health coverage.
2. Efficient allocation of resources for maximum impact.
3. Risk pooling and financial protection mechanisms.
4. Case study: Financing reforms in Thailand's health system.
5. Practical session: Creating a resource optimization plan.

### **Module 4: Governance and Accountability in Health Systems**

1. Strengthening leadership and decision-making processes.
2. Frameworks for transparency and accountability.
3. Engaging stakeholders in governance reform.
4. Case study: Governance improvements in South Africa.
5. Brainstorming session: Developing governance indicators.

### **Module 5: Role of Technology and Innovation in Health Systems**

1. Leveraging health information systems for decision-making.
2. Adopting telemedicine and digital health solutions.
3. Data-driven approaches for monitoring and evaluation.
4. Case study: Technology-driven reforms in Kenya.
5. Workshop: Planning a tech-driven health system strategy.

### **Module 6: Workforce Planning and Capacity Building**

1. Addressing workforce shortages and maldistribution.
2. Strategies for training and retaining healthcare workers.

3. Enhancing the role of community health workers.
4. Case study: Scaling up workforce capacity in Ethiopia.
5. Role-play: Simulating workforce planning for a health crisis.

## Training Methodology

The instructor led trainings are delivered using a blended learning approach and comprises of presentations, guided sessions of practical exercise, web-based tutorials and group work. Our facilitators are seasoned industry experts with years of experience, working as professional and trainers in these fields.

## Register as a group from 3 participants for a Discount

Send us an email: [info@fineskilltrainingcenter.org](mailto:info@fineskilltrainingcenter.org) or call +254769199797

## Certification

*Upon successful completion of this training, participants will be issued with a globally- recognized certificate.*

## Tailor-Made Course

*We also offer tailor-made courses based on your needs.*

## Key Notes

- a. The participant must be conversant with English.
- b. Upon completion of training the participant will be issued with an Authorized Training Certificate
- c. Course duration is flexible and the contents can be modified to fit any number of days.
- d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- e. One-year post-training support Consultation and Coaching provided after the course.
- f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

## Upcoming Scheduled Sessions

| Start Date | End Date | Location | Price |
|------------|----------|----------|-------|
|------------|----------|----------|-------|

|             |             |          |         |
|-------------|-------------|----------|---------|
| 21 Sep 2026 | 25 Sep 2026 | Online   | \$1,000 |
| 21 Sep 2026 | 25 Sep 2026 | Physical | \$1,500 |
| 21 Sep 2026 | 25 Sep 2026 | Physical | \$0     |
| 21 Sep 2026 | 25 Sep 2026 | Physical | \$0     |
| 21 Sep 2026 | 25 Sep 2026 | Physical | \$0     |
| 21 Sep 2026 | 25 Sep 2026 | Physical | \$0     |
| 21 Sep 2026 | 25 Sep 2026 | Physical | \$0     |
| 21 Sep 2026 | 25 Sep 2026 | Physical | \$0     |

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

Email: [info@fineskilltrainingcenter.com](mailto:info@fineskilltrainingcenter.com) | Website: [www.fineskilltrainingcenter.com](http://www.fineskilltrainingcenter.com)