

Training course on Child-Sensitive Social Protection Policies and Programs

Professional Development Training Course Outline

Category	Social Protection	Duration	10 Days
Base Fee	\$3,000 USD	Delivery Mode	Online / On-site Hybrid

Course Introduction

Child-Sensitive Social Protection Policies and Programs are fundamental to breaking intergenerational cycles of poverty, protecting children from multiple deprivations, and ensuring their holistic well-being and development. While social protection broadly aims to reduce poverty and vulnerability, a child-sensitive approach specifically recognizes the unique vulnerabilities and needs of children at different stages of their life cycle, as well as the critical role of their caregivers and families. It moves beyond simply including children as beneficiaries to actively designing, implementing, and evaluating social protection interventions that maximize positive impacts on child outcomes across health, nutrition, education, and protection, while minimizing any potential harm. This specialized field emphasizes the importance of understanding the multifaceted deprivations faced by children and leveraging social protection as a powerful tool to realize their rights and foster their full potential. Training Course on Child-Sensitive Social Protection Policies and Programs is meticulously designed to equip with the advanced theoretical insights and intensive practical tools necessary to excel in Child-Sensitive Social Protection Policies and Programs. We will delve into the foundational concepts of child poverty and deprivation, master the intricacies of designing social protection interventions that directly benefit children, and explore cutting-edge approaches to targeting, complementary services, and multi-sectoral coordination. A significant focus will be placed on understanding legal and policy frameworks, fostering cross-sectoral collaboration, ensuring gender-responsive and inclusive programming, and navigating the practical challenges of implementing child-sensitive initiatives in diverse contexts, including fragile and crisis-affected settings. By integrating interdisciplinary perspectives, analyzing real-world complex case studies, and engaging in hands-on design and simulation exercises, attendees will develop the strategic acumen to confidently champion and implement child-sensitive social protection, fostering unparalleled equity, well-being, and sustainable child development.

Programme Curriculum

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Course Objectives

Upon completion of this course, participants will be able to:

1. Analyze the fundamental concepts of **child poverty, multidimensional child deprivation, and child vulnerability**.
2. Comprehend the strategic importance and potential of **social protection in improving child outcomes**.
3. Master the principles and components of **child-sensitive social protection policies and programs**.
4. Develop expertise in designing **child-focused cash transfer programs** (e.g., child grants, school feeding).
5. Formulate strategies for linking social protection with **essential social services** (health, nutrition, education, child protection).
6. Understand the critical role of **targeting and delivery mechanisms** for reaching vulnerable children and families.
7. Implement robust approaches to **monitoring, evaluation, and learning** for child-sensitive social protection.
8. Explore key **policy, legal, and institutional frameworks** that support child-sensitive social protection.
9. Apply methodologies for ensuring **gender-responsive and inclusive approaches** in child-sensitive programming.
10. Develop strategies for fostering **multi-sectoral coordination and partnerships** for holistic child well-being.

11. Analyze the **challenges and opportunities** of implementing child-sensitive social protection in diverse contexts, including emergencies.
12. Design a preliminary **child-sensitive social protection program** for a specific context.
13. Examine **global best practices and lessons learned** from successful child-sensitive social protection initiatives.

Target Audience

This course is essential for professionals committed to improving child well-being through social protection:

1. **Social Protection Policymakers & Program Managers:** Designing and implementing social safety nets.
2. **Child Protection Specialists:** Working to safeguard children's rights and well-being.
3. **Health and Nutrition Experts:** Focusing on maternal and child health outcomes.
4. **Education Practitioners:** Linking social protection to school attendance and learning.
5. **Government Officials:** From ministries of social welfare, child affairs, health, and education.
6. **UN Agency Representatives:** From agencies like UNICEF, WFP, WHO, ILO.
7. **Civil Society Organizations & NGOs:** Implementing child-focused programs.
8. **Donors & Funding Partners:** Supporting child development and social protection initiatives.

Course Duration: 10 Days

Course Modules

Module 1: Understanding Child Poverty and Deprivation

- Define child poverty: income poverty vs. multidimensional deprivation.
- Analyze the various dimensions of child deprivation (health, nutrition, education, water, sanitation, housing, information).
- Discuss the unique vulnerabilities of children at different life stages (early childhood, school age, adolescence).
- Explore the intergenerational transmission of poverty and vulnerability.
- Overview of global data and trends on child poverty and deprivation.

Module 2: The Strategic Importance of Child-Sensitive Social Protection

- Explain why social protection is a critical instrument for realizing child rights and improving child outcomes.
- Discuss how social protection can directly and indirectly impact child well-being.
- Analyze the evidence base on the positive impacts of social protection on child health, nutrition, education, and protection.
- Explore the cost-effectiveness of investing in child-sensitive social protection.
- Introduce the concept of "child-sensitive" as distinct from "child-focused" or "child-inclusive."

Module 3: Principles of Child-Sensitive Social Protection

- Deep dive into the core principles that guide child-sensitive social protection design and implementation.
- Focus on universality where appropriate, progressive realization of rights, and non-discrimination.
- Ensuring the best interests of the child, participation of children and caregivers, and accountability.
- Discuss the importance of a life-cycle approach to social protection.

- Strategies for integrating child-sensitive considerations across all social protection instruments.

Module 4: Child-Focused Cash Transfer Programs

- Design and implementation of child grants (universal or targeted) and their impact on child outcomes.
- Explore school feeding programs and their linkages with cash transfers for education.
- Discuss cash transfers for specific child-related needs (e.g., disability, early childhood development, adolescent support).
- Analyzing the appropriate transfer values, frequency, and payment modalities for child-focused cash.
- Case studies of successful child-focused cash transfer programs.

Module 5: Linking Social Protection with Essential Social Services

- Strategies for effectively linking social protection beneficiaries to health services (e.g., maternal and child health, immunization).
- Discuss linkages with nutrition services (e.g., growth monitoring, supplementary feeding).
- Connecting social protection to education services (e.g., school enrollment, attendance, learning outcomes).
- Integrating social protection with child protection services (e.g., referral pathways for child abuse, GBV).
- Exploring "Cash Plus" approaches that combine cash transfers with complementary services.

Module 6: Targeting and Delivery Mechanisms for Vulnerable Children

- Methodologies for identifying and targeting the most vulnerable children and their families.
- Discuss the use of social registries and household databases for child-sensitive targeting.
- Adapting delivery mechanisms to ensure safe, accessible, and dignified access for caregivers and children.
- Addressing barriers to access for specific groups of children (e.g., children with disabilities, street children, migrant children).
- Ensuring transparent and accountable delivery processes.

Module 7: Child-Sensitive Social Protection in Emergencies

- Analyzing the heightened vulnerabilities of children in humanitarian crises (natural disasters, conflicts, pandemics).
- Designing shock-responsive social protection (SRSP) that is inherently child-sensitive.
- Discuss rapid needs assessments and targeting for children in emergency contexts.
- Strategies for protecting children from violence, exploitation, and abuse through social protection.
- Case studies of child-sensitive SRSP in diverse emergency settings.

Module 8: Monitoring, Evaluation, and Learning for Child Outcomes

- Designing robust M&E frameworks for child-sensitive social protection programs.
- Developing child-specific indicators across health, nutrition, education, and protection.
- Strategies for collecting age- and sex-disaggregated data and qualitative data on child experiences.
- Using participatory M&E approaches that engage children and their caregivers.
- Analyzing data to assess the impact of social protection on child well-being and development.

Module 9: Policy, Legal, and Institutional Frameworks for Child-Sensitive SP

- Identifying and analyzing national policies and legal frameworks that support child-sensitive social protection.

- Discussing the Convention on the Rights of the Child (CRC) and its implications for social protection.
- Strengthening institutional mandates and capacities for child-sensitive social protection.
- Advocating for policy coherence and inter-ministerial coordination for child well-being.
- Developing national strategies and action plans for child-sensitive social protection.

Module 10: Multi-Sectoral Coordination and Partnerships for Child Well-being

- Fostering effective coordination between social protection, child protection, health, education, and other child-focused sectors.
- Developing clear roles, responsibilities, and communication protocols for holistic child well-being.
- Discuss the role of UN agencies, civil society organizations, and local communities in coordination.
- Building strong partnerships for integrated service delivery and referral pathways.
- Lessons learned from multi-sectoral collaboration for child-sensitive outcomes.

Module 11: Gender-Responsive and Inclusive Child-Sensitive SP

- Analyzing the intersection of gender and age in shaping child vulnerabilities and experiences.
- Designing gender-responsive child-sensitive social protection interventions.
- Ensuring inclusive access for children with disabilities, indigenous children, and other marginalized groups.
- Discuss the role of social protection in challenging harmful gender norms affecting children.
- Strategies for promoting equitable opportunities and outcomes for all children.

Module 12: Advocacy, Communication, and Future Directions

- Developing advocacy strategies for increased investment in child-sensitive social protection.
- Effective communication with policymakers, communities, and children themselves.
- Exploring emerging trends and innovations: digital solutions for child-sensitive SP, climate change impacts on children.
- Discussing the long-term vision for social protection as a cornerstone of child development.
- Developing a personal or organizational action plan for championing child-sensitive social protection.

Training Methodology

- **Interactive Workshops:** Facilitated discussions, group exercises, and problem-solving activities.
- **Case Studies:** Real-world examples to illustrate successful community-based surveillance practices.
- **Role-Playing and Simulations:** Practice engaging communities in surveillance activities.
- **Expert Presentations:** Insights from experienced public health professionals and community leaders.
- **Group Projects:** Collaborative development of community surveillance plans.
- **Action Planning:** Development of personalized action plans for implementing community-based surveillance.
- **Digital Tools and Resources:** Utilization of online platforms for collaboration and learning.
- **Peer-to-Peer Learning:** Sharing experiences and insights on community engagement.
- **Post-Training Support:** Access to online forums, mentorship, and continued learning resources.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- a. The participant must be conversant with English.
- b. Upon completion of training the participant will be issued with an Authorized Training Certificate
- c. Course duration is flexible and the contents can be modified to fit any number of days.
- d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- e. One-year post-training support Consultation and Coaching provided after the course.
- f. Payment should be done at least a week before commencement of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
21 Sep 2026	02 Oct 2026	Online	\$2,000
21 Sep 2026	02 Oct 2026	Physical	\$3,000
21 Sep 2026	02 Oct 2026	Physical	\$0
21 Sep 2026	02 Oct 2026	Physical	\$0
21 Sep 2026	02 Oct 2026	Physical	\$0
21 Sep 2026	02 Oct 2026	Physical	\$0
21 Sep 2026	02 Oct 2026	Physical	\$0
21 Sep 2026	02 Oct 2026	Physical	\$0

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