

# Mortality Analysis and Life Expectancy Estimation Training Course

Professional Development Training Course Outline

|          |                                   |               |                         |
|----------|-----------------------------------|---------------|-------------------------|
| Category | Demography and Population Studies | Duration      | 10 Days                 |
| Base Fee | \$3,000 USD                       | Delivery Mode | Online / On-site Hybrid |

## Course Introduction

Understanding mortality patterns and accurately estimating life expectancy are critical components of demographic research, public health planning, and policy development. Mortality Analysis and Life Expectancy Estimation Training Course equips professionals with advanced analytical skills to interpret mortality data, identify trends, and forecast population health outcomes. This course leverages modern statistical methods, demographic modeling, and computational tools to provide actionable insights for decision-makers in health, insurance, and governmental sectors. Participants will gain hands-on experience in handling mortality datasets, applying life table techniques, and integrating socioeconomic and epidemiological variables into their analyses.

The course emphasizes the application of practical methodologies to real-world scenarios, including mortality surveillance, population health interventions, and policy evaluation. By combining theory with applied exercises, participants will develop the expertise necessary to enhance organizational decision-making, optimize resource allocation, and implement evidence-based strategies for improving population health. Advanced tools in R, Python, and big data analytics are integrated to ensure participants can perform sophisticated mortality modeling and life expectancy estimation with precision and efficiency.

## Programme Curriculum

### Mortality Analysis and Life Expectancy Estimation Training Course

#### Introduction

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### **Course Objectives**

1. Develop proficiency in mortality data collection, validation, and standardization.
2. Apply life table methods to estimate life expectancy across populations.
3. Utilize advanced demographic models for mortality forecasting.
4. Interpret age-specific mortality rates and their implications for public health.
5. Analyze cause-specific mortality trends using statistical software.
6. Incorporate socioeconomic and environmental factors into mortality analysis.
7. Evaluate historical and contemporary mortality patterns for predictive insights.
8. Conduct survival analysis using R and Python for population studies.
9. Implement mortality projections for policy planning and resource allocation.
10. Assess global and regional disparities in life expectancy.
11. Apply big data and AI techniques for mortality trend prediction.
12. Develop interactive dashboards for mortality visualization and reporting.
13. Integrate mortality analysis findings into actionable organizational strategies.

### **Organizational Benefits**

- Enhanced data-driven decision-making for health and social planning.
- Improved accuracy in life expectancy forecasting for population programs.
- Streamlined mortality reporting and monitoring processes.
- Strengthened capacity to identify high-risk populations.
- Better allocation of healthcare resources and interventions.
- Optimized planning for insurance and pension schemes.
- Evidence-based support for public health policies.

- Improved organizational reputation through expert demographic insights.
- Integration of AI and big data tools for predictive analytics.
- Advanced skill development for staff in statistical and demographic analysis.

### **Target Audiences**

- Public health professionals and epidemiologists
- Health policy makers and planners
- Insurance and actuarial analysts
- Demographers and statisticians
- Academic researchers in population studies
- Government health agencies and NGOs
- Data scientists specializing in health analytics
- Healthcare administrators and managers

### **Course Duration: 10 days**

### **Course Modules**

#### **Module 1: Introduction to Mortality Analysis**

- Historical perspectives of mortality studies
- Overview of life expectancy concepts
- Sources of mortality data
- Data validation techniques
- Common mortality indicators
- Case Study: Comparative mortality trends in high- vs. low-income countries

#### **Module 2: Life Table Fundamentals**

- Construction of life tables
- Age-specific mortality rates
- Survival probabilities
- Life expectancy computation
- Applications of life tables in policy
- Case Study: National life table analysis

#### **Module 3: Mortality Data Collection and Standardization**

- Demographic and epidemiological sources
- Data cleaning and preprocessing
- Standardization methods
- Handling missing and inconsistent data
- Ethical considerations in mortality data
- Case Study: Standardizing hospital mortality data

#### **Module 4: Cause-Specific Mortality Analysis**

- Classification of causes of death
- Trends in communicable and non-communicable diseases
- Coding systems (ICD-10)
- Statistical comparison of mortality causes
- Visualizing cause-specific mortality
- Case Study: Cardiovascular mortality analysis

#### **Module 5: Age-Specific Mortality Analysis**

- Infant, child, adult, and elderly mortality rates
- Analysis of mortality by gender
- Cross-sectional vs. longitudinal analysis
- Interpretation of age patterns
- Policy implications
- Case Study: Elderly population mortality assessment

#### **Module 6: Advanced Demographic Models**

- Model life tables
- Gompertz and Makeham models
- Lee-Carter mortality model
- Bayesian approaches to mortality modeling
- Model validation techniques
- Case Study: Forecasting mortality using Lee-Carter model

#### **Module 7: Survival Analysis Techniques**

- Kaplan-Meier estimation

- Cox proportional hazards model
- Hazard function analysis
- Censoring and truncation issues
- Survival regression applications
- Case Study: Survival analysis in clinical studies

#### **Module 8: Big Data in Mortality Analysis**

- Introduction to big data in demography
- Data sources: social media, administrative records
- Data preprocessing for analytics
- Machine learning approaches for mortality prediction
- Integrating AI for mortality forecasting
- Case Study: Big data approach to regional mortality trends

#### **Module 9: Socioeconomic and Environmental Determinants**

- Income, education, and occupation effects
- Environmental and lifestyle factors
- Multivariate mortality analysis
- Policy implications
- Visualization of determinant impacts
- Case Study: Socioeconomic disparities in mortality

#### **Module 10: Mortality Forecasting**

- Short-term vs. long-term forecasting
- Time series models
- Scenario-based forecasting
- Evaluation of forecast accuracy
- Integration with policy planning
- Case Study: National mortality forecasting

#### **Module 11: Global Mortality Trends**

- Comparison across countries and regions
- Life expectancy disparities

- Epidemiological transition
- Implications for global health initiatives
- Data visualization techniques
- Case Study: Life expectancy trends in Africa

#### **Module 12: Health Policy and Resource Allocation**

- Mortality data in decision-making
- Planning interventions based on mortality trends
- Prioritizing healthcare resources
- Evaluating policy impact
- Reporting to stakeholders
- Case Study: Mortality-informed resource allocation

#### **Module 13: Mortality Visualization and Dashboards**

- Dashboard design principles
- Tools for visualization (R Shiny, Tableau)
- Interactive mortality reporting
- Communicating insights to stakeholders
- Integrating multiple data sources
- Case Study: Government health dashboard implementation

#### **Module 14: Ethical Considerations and Data Privacy**

- Confidentiality and privacy standards
- Ethical use of mortality data
- Informed consent for population studies
- Data governance frameworks
- International data standards
- Case Study: Ethical dilemmas in mortality research

#### **Module 15: Practical Applications and Capstone Project**

- Integrative analysis of course content
- Real-world mortality modeling project
- Presentation of findings

- Policy recommendation development
- Peer review and discussion
- Case Study: National health policy briefing simulation

### Training Methodology

- Interactive lectures and concept discussions
- Hands-on exercises using R and Python
- Case study analysis for real-world application
- Group work and collaborative projects
- Simulation of policy and forecasting scenarios
- Use of dashboards for data visualization

### Register as a group from 3 participants for a Discount

Send us an email: [info@fineskilltrainingcenter.org](mailto:info@fineskilltrainingcenter.org) or call +254769199797

### Certification

*Upon successful completion of this training, participants will be issued with a globally- recognized certificate.*

### Tailor-Made Course

*We also offer tailor-made courses based on your needs.*

### Key Notes

- The participant must be conversant with English.
- Upon completion of training the participant will be issued with an Authorized Training Certificate
- Course duration is flexible and the contents can be modified to fit any number of days.
- The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- One-year post-training support Consultation and Coaching provided after the course.
- Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

## Upcoming Scheduled Sessions

| Start Date  | End Date    | Location | Price   |
|-------------|-------------|----------|---------|
| 21 Sep 2026 | 02 Oct 2026 | Online   | \$2,000 |

| Start Date  | End Date    | Location | Price   |
|-------------|-------------|----------|---------|
| 21 Sep 2026 | 02 Oct 2026 | Physical | \$3,000 |
| 21 Sep 2026 | 02 Oct 2026 | Physical | \$0     |
| 21 Sep 2026 | 02 Oct 2026 | Physical | \$0     |
| 21 Sep 2026 | 02 Oct 2026 | Physical | \$0     |
| 21 Sep 2026 | 02 Oct 2026 | Physical | \$0     |
| 21 Sep 2026 | 02 Oct 2026 | Physical | \$0     |
| 21 Sep 2026 | 02 Oct 2026 | Physical | \$0     |

Ready to enroll or request a customized program? Book online or contact us:

Register Online Now

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