

Child Survival Strategies Training Course

Professional Development Training Course Outline

Category	Public Health	Duration	5 Days
Base Fee	\$1,500 USD	Delivery Mode	Online / On-site Hybrid

Course Introduction

Child survival remains one of the most critical global public health priorities, especially in low-resource and high-risk communities where preventable diseases, malnutrition, poor sanitation, and inadequate maternal care continue to threaten children under five. Child Survival Strategies Training Course is designed to equip healthcare professionals, community health workers, humanitarian responders, NGOs, educators, and policymakers with evidence-based interventions and life-saving approaches that improve child health outcomes. This intensive training emphasizes Integrated Child Health Management, maternal and newborn care, nutrition security, immunization programs, disease prevention, WASH interventions, and community-based healthcare systems aligned with global health standards and Sustainable Development Goals (SDGs).

The course integrates modern public health innovations, digital health solutions, emergency preparedness strategies, and community engagement models to strengthen child survival initiatives in both rural and urban settings. Participants will gain practical knowledge in early childhood development, pandemic preparedness, child protection, climate-resilient healthcare, and data-driven health interventions through real-world case studies and interactive learning. By focusing on high-impact child survival interventions, this training empowers organizations and professionals to reduce child mortality, enhance family resilience, and promote equitable healthcare access for vulnerable populations worldwide.

Programme Curriculum

Child Survival Strategies Training Course

Introduction

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Course Duration

5 days

Course Objectives

1. Understand global child survival strategies and public health frameworks.
2. Strengthen skills in maternal, newborn, and child health (MNCH) interventions.
3. Improve implementation of community health systems strengthening programs.
4. Enhance knowledge of nutrition-sensitive interventions and child growth monitoring.
5. Develop expertise in Integrated Management of Childhood Illness (IMCI) approaches.
6. Build capacity in digital health and telemedicine solutions for child healthcare delivery.
7. Promote immunization coverage and vaccine equity strategies.
8. Apply WASH (Water, Sanitation, and Hygiene) practices to prevent child mortality.
9. Strengthen emergency response for pandemic preparedness and humanitarian health crises.
10. Improve competencies in child protection and safeguarding mechanisms.
11. Analyze health data analytics and evidence-based decision-making for child survival programs.
12. Promote climate-smart healthcare strategies and resilience for vulnerable communities.
13. Design sustainable SDG-aligned child health programs for long-term impact.

Target Audience

1. Healthcare Professionals
2. Pediatric Nurses and Midwives
3. Community Health Workers
4. NGO and Humanitarian Staff
5. Public Health Officers
6. Social Workers and Child Protection Officers
7. Government Health Policymakers
8. Researchers and Development Practitioners

Course Modules

Module 1: Foundations of Child Survival Strategies

- Overview of global child mortality trends
- Sustainable Development Goals (SDGs) and child health

- Determinants of child survival
- Health equity and vulnerable populations
- Role of primary healthcare systems
- **Case Study:** Reducing under-five mortality through community health programs in rural Africa.

Module 2: Maternal, Newborn, and Child Health (MNCH)

- Antenatal and postnatal care practices
- Essential newborn care interventions
- Safe delivery and skilled birth attendance
- Early childhood development strategies
- Family-centered healthcare approaches
- **Case Study:** Improving neonatal survival through skilled birth interventions in South Asia.

Module 3: Nutrition and Growth Monitoring

- Infant and young child feeding (IYCF)
- Management of acute malnutrition
- Micronutrient supplementation programs
- Growth monitoring and promotion
- Food security and resilience strategies
- **Case Study:** Community nutrition programs reducing stunting among children under five.

Module 4: Integrated Management of Childhood Illness (IMCI)

- Identification of common childhood illnesses
- Pneumonia, diarrhea, and malaria management
- Integrated community case management (iCCM)
- Referral systems and emergency care
- Child-friendly healthcare services
- **Case Study:** IMCI implementation improving survival rates in low-income communities.

Module 5: Immunization and Disease Prevention

- Expanded Program on Immunization (EPI)
- Vaccine cold chain management
- Vaccine hesitancy and community awareness
- Outbreak prevention and surveillance
- Infection prevention and control (IPC)
- **Case Study:** Increasing vaccine uptake through digital immunization tracking systems.

Module 6: WASH and Environmental Health

- Safe water access and sanitation practices
- Hygiene promotion for disease prevention
- Environmental health risks for children
- Climate change and child health resilience
- School and community WASH programs
- **Case Study:** WASH interventions reducing diarrheal diseases in displaced populations.

Module 7: Child Protection and Emergency Response

- Child safeguarding and protection policies
- Mental health and psychosocial support
- Humanitarian response coordination
- Emergency preparedness planning
- Protection in conflict and disaster settings
- **Case Study:** Child-centered emergency response during humanitarian crises.

Module 8: Digital Health, Monitoring, and Program Sustainability

- Health information systems and data collection
- Mobile health (mHealth) applications
- Monitoring and evaluation frameworks
- Evidence-based policymaking
- Sustainability and donor engagement strategies
- **Case Study:** Digital health innovations improving maternal and child healthcare access.

Training Methodology

This course employs a participatory and hands-on approach to ensure practical learning, including:

- Interactive lectures and presentations.
- Group discussions and brainstorming sessions.
- Hands-on exercises using real-world datasets.
- Role-playing and scenario-based simulations.
- Analysis of case studies to bridge theory and practice.
- Peer-to-peer learning and networking.
- Expert-led Q&A sessions.
- Continuous feedback and personalized guidance.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally- recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- a. The participant must be conversant with English.
- b. Upon completion of training the participant will be issued with an Authorized Training Certificate
- c. Course duration is flexible and the contents can be modified to fit any number of days.
- d. The course fee includes facilitation training materials, 2 coffee breaks, buffet lunch and A Certificate upon successful completion of Training.
- e. One-year post-training support Consultation and Coaching provided after the course.

f. Payment should be done at least a week before commence of the training, to Fineskill Training Center account, as indicated in the invoice so as to enable us prepare better for you.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
21 Sep 2026	25 Sep 2026	Online	\$1,000
21 Sep 2026	25 Sep 2026	Physical	\$1,500
21 Sep 2026	25 Sep 2026	Physical	\$0
21 Sep 2026	25 Sep 2026	Physical	\$0
21 Sep 2026	25 Sep 2026	Physical	\$0
21 Sep 2026	25 Sep 2026	Physical	\$0
21 Sep 2026	25 Sep 2026	Physical	\$0
21 Sep 2026	25 Sep 2026	Physical	\$0

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